

TITLE OF REPORT: **Extra Care Provision**

REPORT OF:

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Summary

Extra Care Settings allow people to be supported within their own tenancy with Care & Support available, 24/7. The development of new extra care settings can be a long process so by reviewing lessons learnt on current schemes, can help us shape future schemes. Due to our ageing population, current housing stock and financial challenges, 3 new schemes need go live in the coming years to meet current and future demand.

Purpose of the Report

1. To update the Committee regarding the opening of Watergate Court Extra Care in April 2022 and the impact to date. The report also outlines our future demand for additional extra care and considerations of future developments.

Background

2. Gateshead were one of the early LA's to build Extra Care settings and supported the development of 5 sites in the early 2000's. Our newest scheme, Watergate Court in Lobley Hill, is our first setting with the Dementia focus which has allowed those who previously may not have thrived in extra care, the ability have both their environment and care & support needs being delivered outside of a Care Home setting.

Current Position

3. Watergate Court opened in 2022 and whilst a large site, demand was high and was fully occupied within 12 months.
4. A wide range review has taken place to get a better understanding of the Outcomes being achieved at Watergate Court now that tenants have been in place for up to 18 months.

5. There have been lessons learnt, mainly positively, that will help us support and influence future developments with best practice being adapted.
6. Housing LIN were commissioned to carry out a Housing Needs survey with a key focus area on Supported Housing needs. Projections for future needs have been outlined with a development strategy being worked on
7. To meet current and future demands, a further 3 Extra Care sites will need to be developed over the next few years, which will support our Home First approach and continue to support people outside of long-term Residential Care.
8. Environment, technology, and workforce will be key for any future developments and consideration of impacts to other settings such as Sheltered Accommodation and Residential Care will be needed.
9. People choosing Extra Care before or when care & support needs are minimal will help with our prevention approach and reduce demand on Adult Social Care Services. With the right settings in the right locations, we will be able to encourage people to consider Extra Care housing as a positive step.
10. Additional consideration will also be given to younger adults who can also be supported with within new settings or housing close by, such as a Core & Cluster model.
11. The Market and Sustainability Improvement Fund has also allowed the Council to invest in markets, following the completion of the Cost of Care work carried out in 2022-23.

Impact

12. As outlined in the presentation, 435 additional units will need to be developed by 2040 to support our ageing population and not making unnecessary Care Home placements.
13. Extra Care settings are key for us to control and avoid costly Care Home placements as well as having the right model to support people at home longer
14. There may be impacts on Sheltered Accommodation stock and Residential Care Cares in the medium to long term, depending on location and desire for people to move homes.
15. Dementia Care will be a growing need so Dementia only settings may have a wide impact on EMI Residential Placements, which will put additional pressure on the Care Home sector.
16. This may mean that some homes de-register, alter registrations for different categories of support or have a planned closure. The team will continue to monitor and work with providers to support any proposed changes in the future.

Summary

17. Watergate Court has been a huge success story so far and we want to learn from the process followed pre and post development. The next 3 Extra Care schemes will not only support people in the right location but are crucial for the Council to support our challenging budget position to target care within the community. We want to have a co-produced approach to future developments and will target working with key stakeholders, including people in local communities to help shape our approach.

Recommendations

15. Care, Health and Wellbeing Overview and Scrutiny committee is recommended to:
 - (i) Comment on the content of this report and the review undertaken by the service on Watergate Court and our future plans for additional Extra Care settings to support adults in Gateshead.
 - (ii) identify any areas for further scrutiny.

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